

**Abstract:**

A seat back, particularly the seat back of a rear seat of an automobile, possesses a mount firmly affixed to the seat back on which a headrest is mounted so that it may swivel forward about a horizontal axis. In use position, the headrest is under load by a spring, and may be locked against folding forward because of the spring. When unlocked, the headrest folds forward under the force of the spring. The mount is adjustable in height, and locking is released when the headrest is lowered below a specified minimum height.